Dear St Paul’s Community,

**BE SAFE, BE RESPONSIBLE BE RESPECTFUL**

We thank Miss Brittney’s class for the excellent Liturgy they prepared for Ash Wednesday that was celebrated with the whole school community.

At our School Board meeting last week, it was decided to accept all nominations for the Board. Several members of the last School Board have left the school therefore the group is small enough to cater for some extra members. The AGM takes place on March 11th where new members are welcomed to the Board and voting takes place for elected positions, including Chairperson of the Board. Our current Chair, Scott McCall, will resign from the Board at the AGM. Scott’s children have all moved onto secondary school. We thank him for his time and leadership in his two years as Chair of the School Board.

**Staffing News:** Last week, Miss Jade Stoyanoff, handed her resignation to me. Jade has decided to return to Adelaide to be closer to family and friends. Jade began at the school in 2014 and has made many contributions that have made St Paul’s a better place. We thank her for her time and effort.

**Uniform:** Several parents have asked the school what is the correct uniform for sport. It has become noticeable that several girls are not wearing the correct sports uniform. The following is allowed:

**Girls:**
Orange/Green Sports shirt  
Black micro-fibre shorts (available from office)  
Black shorts and or netball skirt  
White socks  
Joggers

**BIKE PANTS are not acceptable.**

**Boys:**
Orange/Green Sports shirt  
Black micro-fibre shorts (available from office)  
White socks  
Joggers

Last week we had several of our Year 6 students represent the school at the Bombing of Darwin Ceremony. They reported back about how they enjoyed their experience, especially the shooting of the cannons and the fly over by the jet. They were also able to get photos taken with the Chief Minister ~ Adam Giles, the Lord Mayor ~ Katrina Fong Lim, The Member for Nightcliff ~ Natasha Fyles, and the Member for Solomon ~ Natasha Griggs.

Our Reading Army will soon be with us. The school has a partnership with the Australian Army whereby several soldiers work in our classrooms helping our students. The soldiers are currently organising their ochre cards and will join us soon.

Some things to draw to your attention:

- **Clean Up Australia Day February 27:** All students will be taking part in this event. Each class will be designated an area of our school which they will be responsible for cleaning up.
- **Goal Setting Interviews:** March 3rd and 4th are the days for Student Goal Setting interviews. These run between 1pm to 6:00. Students and parents attend the interview together and discuss their learning goals for the year. Bookings will be made online through our booking service. See end of this Newsletter for instructions.
- **Note:** You will receive a prompt that bookings cannot be made with consecutive times – but as our interviews take place in the one room, this is not a problem so persevere!
• **School Disco Friday 6th March:** Come along and enjoy the disco. This is a great family fun night. A BBQ, drinks and glow sticks will be available. See you there.

• **Swimming Carnival Friday March 20:** For new families this takes place at Casuarina Pool. It does finish early and students are allowed to leave at the end of the carnival. For those students still requiring care, they are returned to school and supervised by teachers. Lots of parent volunteers are needed on the day to help. More details to follow.

• **Harmony Day Dinner March 21:** We are hoping to make this one of the major events for the school this year. It is about Harmony, so it is about sharing and we are asking families to bring some food to share. There is such a large range of cultural groups in the school so the meal could be an amazing feast. There will be a minimal cost to cover ice, cutlery etc.

• If any families are interested in performing a traditional dance or act, please let the school know.

God bless

Anthony

**Facebook Page**
St Paul's Catholic Primary School Nightcliff NT
**YouTube Channel**
StPaulsCatholicPrimarySchoolNightcliff
See the link on the Facebook page

Parents and the Home Environment they create are the single most important factor in shaping their children’s achievements and prospects. Research has shown that in order to raise achievement, parents need to be both involved in schools and engaged in learning (Harris and Goodall; 2007)

**5 Tips for Helping Children Develop Better Study Habits**

Helping kids with their homework is important, but how you do it matters, explains Marianne Stenger. Although homework is usually the last thing kids want to do after school, it can be a valuable tool to help them develop self-regulatory skills that will serve them well for the rest of their lives. And when parents get involved, its effects can be even further reaching.

Aside from the opportunity to see what kids are learning at school, **parent involvement in homework** can result in higher rates of homework completion and improved academic performance among elementary school children. Its effectiveness, however, depends a lot on how parents choose to get involved. So if you're looking to become more involved in your child's education, here are five tips for going about it the right way.

1. **Provide support rather than instruction**
   When it comes to helping kids with their homework, it's important to place the emphasis on providing support rather than on giving instruction. In fact, research shows that parent help can actually backfire if it focuses too much on homework content.

   Kids already get plenty of instruction at school, so homework is their chance to work independently and figure things out on their own. As much as you might want to jump in and explain things or even do the work for them, a better way of supporting them would be to simply provide feedback and encouragement.

2. **Help them develop a routine**
   Routines can help kids complete their homework more efficiently but, perhaps more importantly, routines allow them to take responsibility.

   One study published in the journal Contemporary Educational Psychology shows that students who have a clearly defined routine feel more confident in their ability to overcome homework challenges and take more responsibility for their learning. These students are also ultimately more likely to do better in school overall.

   Homework routines could include setting a specific time for completing homework each day, designating a certain area of the home for studying, or developing a strategy for tackling problems and setting goals for completing projects ahead of time.

3. **Emphasise the benefits**
   Although it's normal to want to intervene when a child is struggling with homework, taking control by offering incentives and ultimatums or stepping in and doing much of the work yourself will undermine its long-term benefits.

   **Although it's normal to want to intervene when a child is struggling with homework, taking control will undermine its long-term benefits.**

   Children need a sense of autonomy as it helps them develop their independence, and when they feel like homework has value, they'll also put more effort into it.

   So rather than cajoling or bribing kids to do their homework, a better approach is to explain why and how it will help them accomplish their personal goals so they can make the decision to tackle it themselves.

4. **Provide them with choices**
   Giving kids choices as to how, when and where they would like to complete their homework is a big part of providing them with a sense of autonomy.

   One study published in the Journal of Educational Psychology found that when students were given a choice of homework options, they reported higher intrinsic motivation, felt more competent and performed better on tests. So having choices not only helps kids feel like they are in the driver's seat, but also makes the learning seem more interesting and the goals more attainable.

5. **Praise effort rather than intelligence**
   It's also important to communicate is that mistakes are part of the learning process and are not to be feared. Numerous studies highlight the importance of encouraging students to think of their intelligence as flexible, so that rather than viewing their mistakes as a sign of lesser intelligence; they'll see them as building blocks.

   When praising kids, it's important to focus on the effort they put into their work rather than how smart they are, because when they believe that intellectual ability is something that can be developed, they are able to stop worrying about how smart they seem and put all that energy into tackling new challenges instead.

[http://splash.abc.net.au/newsandarticles/blog/-/b/1645223/5-tips-for-helping-children-develop-better-study-habits](http://splash.abc.net.au/newsandarticles/blog/-/b/1645223/5-tips-for-helping-children-develop-better-study-habits)
Last week we had a group of students attend the Bombing of Darwin 73rd Anniversary ceremony with Mr Van Gurp. Mr Van Gurp spoke of how proud he was of how the student’s represented the school. St Paul’s has a history of students displaying excellent manners and respect publicly and it is something the whole community should be very proud of.
Congratulations to all those preparing for their Reconciliation who were blessed at the masses over the weekend at St Paul’s. Over the next few weeks the students will be involved in a range of activities focusing on the importance of Reconciliation. The celebration of Reconciliation Mass will be held at St Paul’s on 26th March at 6pm. For any further information regarding the sacramental program run by St Paul’s Parish please contact Ms Michelle Dermody.

The theme for Project Compassion 2015 is ‘Food for Life’. This year’s Project Compassion stories focus on the ways in which Caritas Australia is working around the world to empower vulnerable people to establish sustainable food sources and develop income streams for life. Your donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work towards a more just and fair world, where the basic human right for food is met and sustained. Each family will receive a Project Compassion box for their donations. You can also donate online via the website at www.caritas.org.au/projectcompassion. Please put your compassion into action this Lent by supporting Project Compassion 2015.

SWIMMING LESSONS 9th—19th March

PLEASE NOTE:

The bus will pick students up on Francis Street between the car park exit and the gate nearest the school crossing. This area will be marked with cones throughout the program to allow for the safe collection of our students. We greatly appreciate your cooperation by not parking in this area during this time. Please use the car park.

<table>
<thead>
<tr>
<th>CANTEEN NEWS</th>
</tr>
</thead>
<tbody>
<tr>
<td>There will be no curried chicken from 26th February until 26th March.</td>
</tr>
<tr>
<td>There are some issues regarding how to write an order for the canteen. Please send your order in a brown paper bag or use an envelope. See below for the correct way to write the order out.</td>
</tr>
</tbody>
</table>

Name: ____________________________
Room No: _________________________
i.e. Pie $________________
i.e. Drink $________________
Total $________________
Foreign coins will not be accepted.
Thank you for your assistance.

St Paul’s Parish
Trower Rd, Nightcliff

Mass Times:
Saturday Mass 6.00pm (Vigil)
Sunday Mass 8.30am and 6.00pm
1st Sunday of the month 10.00am
Syro-Malabar Mass
Last Sunday of month 8.30am
Children’s mass
NETBALL - CLUSTER NEWS
Due to the storms and rain last Friday, the Netball Cluster Day was cancelled, much to the disappointment of the many students involved. The Netball Cluster Day will be on again – Friday 6th March, Wk.6! If your child is unable to attend, please let Miss Mohr know, otherwise the same permission forms, times and arrangements will apply.

AFL CLUSTER DAY
The AFL Cluster Day is being held this Friday 27th February, parents are welcome. Students are to be at TIO Stadium, Marrara by 8.30am, the event concludes at 2pm. Students will wear runners or footy boots, black shirts and their cluster shirt (handed out this week). Students need to bring a hat, water bottle and food for the day.

CLUB SWIMMERS
The School Sport Australia Pacific Schools Games are being held this year. Nominations for the School Sport Australia Pacific Schools Games Squad are to be received by Friday 6th March. Team members selection will be based solely on performances in events from 19th-22nd March 2015 at the NT Open and Age and 9 and Under Championships being held in Darwin. For further information please contact Miss Mohr.

Parent Notes
If your child is injured or unwell on their sports day, could a note please be handed to Miss Mohr to alleviate any confusion in PE.

CLUSTER DAYS
Students are allowed to participate in three Cluster days throughout the year. Most Cluster events are for students in Years 4-6. Cricket has been added to the School Sport Calendar, and depending on numbers of schools involved, St Paul’s may send teams to this event also.

TERM 1 DATES
Week 5 – AFL – Friday 27th Feb
Week 6 – Netball - Friday 6th March
Week 7 – CRICKET – Friday 13th March
Week 9 – BASKETBALL – Friday 27th March

TERM 1 SPORTS CALENDAR
Wk.5 – AFL CLUSTER DAY
   Friday 27/2/15
AFL trials: Mon 2, Tue 3, Wed 4 March
Wk.6 – Netball Cluster Day Friday 6th Mar.
Wk.7 – Swimming Program (Mon-Thu)
   CRICKET CLUSTER DAY *
   Friday 13th March
Rugby trials: Mon23, Tue 24, Wed25 March
Wk.8 – Swimming Program (Mon-Thu)
   SWIMMING CARNIVAL
   Friday 20th March
Wk.9 – BASKETBALL CLUSTER DAY
   Friday 27/3/15

SWIMMING PROGRAM
The Swimming Program begins on Monday 9th March at Nightcliff Pool and runs during week 7 & 8 of Term 1. Students swim from Monday to Thursday of both weeks, ending with the Swimming Carnival on Friday 20th March.

Students will need their bathers, rashie/sunsmart shirt, towel, thongs/sandals to wear to and from the pool, and goggles (optional). Class teachers will inform students of any changes to their recess and lunch routines for the duration of the Swimming Program.

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>Depart</th>
<th>LESSON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tran S &amp; Tran J</td>
<td>8.30</td>
<td>8.45-9.30</td>
</tr>
<tr>
<td>1/2M &amp; 1/2B</td>
<td>9.15</td>
<td>9.30-10.15</td>
</tr>
<tr>
<td>1/2NJ &amp; 1/2MrC</td>
<td>10.00</td>
<td>10.15-11.00</td>
</tr>
<tr>
<td>3/4L &amp; 3/4T</td>
<td>11.15</td>
<td>11.30-12.15</td>
</tr>
<tr>
<td>3/4M &amp; 5/6P</td>
<td>12.00</td>
<td>12.15-1.00</td>
</tr>
<tr>
<td>5/6V &amp; 5/6W</td>
<td>12.45</td>
<td>1.00-1.45</td>
</tr>
</tbody>
</table>

Parent Helpers on Swimming Bus
To satisfy ratio requirements extra supervision is required on the bus travelling to the swimming pool. If you can spare some time during swimming lessons to travel on the bus with your child’s class, watch their lesson, and then return to school on the bus, please let your child’s Class Teacher know as soon as possible. Thank you for your assistance.

Page 5

Classroom Magazine
Sport News
A Message from St Paul’s Parents and Friends Committee (P & F)

A big welcome back to the new school year and a special welcome to all the new families joining the St Paul’s School community. The St Paul’s P & F organise and hold many fund-raising activities throughout the school year to assist in improving, developing and maintaining facilities and resources of St Paul’s School.

The first fund-raising event of the year is the school disco/family night. This is a great night to get to know other families and be involved in the school community. This year the disco will be held on Friday March 6th from 6pm to 8:30pm.

Traditionally the students and families in year 5/6 are asked to help host the school disco by donating water and cans of soft drink. We also ask the parents to help out on the night with set-up, serving and clean-up. A roster of duties will be sent home with year 5/6 students for parents to fill in where they can help.

The Parents and Friends Committee will also hold the AGM on the night in the ILC building at 7:30pm. All parents are welcome to come along and join or register interest in helping out with an event/events. We thank you in advance for your assistance in helping to enrich the lives of our children.
Community Notices

Cassarina Storm Swimming Club - Northern Territory’s premier swimming club has half price membership until 30th June 2015. $160 NT sports voucher accepted.
cassarinastorm@gmail.com
Cassarina Pool, 10 Angeles Street, Cassarina 0812.
2015 Pacific School Swimming Championships are being held in Adelaide this year. Don’t miss out on a wonderful memory!

Head Coach Peter Brashier
Development Squad - $155 per 10 week school term
Training times
Monday to Thursday
3.30pm - 4.30pm
Cyclone Squad - $330 per 10 week school term
Training times
Monday, Tuesday, and Thursday
4.30pm - 5.15pm
Wednesday
4.30pm - 5.30pm
Friday
4.00pm - 5.30pm (at Cos Pool)

Morning training
Tuesday and Thursday (SENIORS ONLY - power set)
8.00am - 7.00am
Wednesday and Friday
6.30am - 7.30am
Saturday
6.00am - 6.30am (at Cos Pool)

NB: Pool entrance fee must be paid as swimmers enter the pool grounds (including Club Night). Cassarina Pool is a cash only facility. Various types of passes are available to purchase.

COME AND BE A PART OF THE MOST SUCCESSFUL RUGBY UNION CLUB IN DARWIN
The Mighty Cassarina Cougars are looking for junior players aged U5—U17 for the 2015 union season
Junior training starts 3 March 2015
First game is 10 April 2015
Contact our Junior Coordinator
Leith Wood on 0409 044 617
Or send an email to: cougarsjuniors@internode.on.net
Or check out:
Facebook @ Cassarina Cougars
www.casuinarugby.com.au

An Initiative of Melanoma Institute Australia

MELANOMA MARCH
MARCHING FOR A CURE
25 LOCATIONS ACROSS AUSTRALIA
MARCH WITH FAMILY AND FRIENDS AT:
DARWIN - 22 MARCH 2015
4.00PM BICENTENNIAL PARK (meet at the Cerotaph)
THE ESPLANADE; DARWIN
Family Fun, Face Painting, Live Music, Food, and More
REGISTER, SPONSOR A FRIEND OR ENTER TOYOTA RAFFLE
WWW.MELANOMA-MARCH.ORG.AU

KIS Entertainment presents:

MAD HATTERS MARCH MADNESS DISCO
SUNDAY 8th March - 3pm - 6pm
Come in your craziest costume or hat!
Adult entry is free
Special guests include....
Alice - Mad Hatter - Queen of Hearts - White Rabbit

KIS Entertainment
16 Naile Crescent, Malak NT 0812
Phone: 8127-1133  Fax: 8127-1136 events@kiuniversal.com.au www.kisentertainment.com.au
You are invited to the
St Paul’s Catholic Primary School and Parish
First Annual Harmony Day Dinner
March 21
After 6 P.M. Mass (Around 6:45) in the school.
Where: St Paul’s Catholic Primary School
Cnr Trower Rd and Francis St Nightcliff
RSVP: 13th March 2015
Return form or email
admin.stpauls@nt.catholic.edu.au
What to Bring:
• Donation: $2 per person to cover costs
• Something to share for the meal
  (all food will be put on a central table for everyone to share.)
• Drinks — alcohol permitted

Return Slip

I/We will be attending the Harmony Day Dinner  Name ________________

How many people? ____________

I/We are bringing a main/dessert – please circle one

I can help with set up of tables at 3pm Yes/No

I am interested in providing some sort of cultural entertainment – Yes/no (dance/song/act)