Our Vision:
We believe in strong and authentic relationships. The Gospel values of acceptance, honesty, integrity and respect are at the core of our being.

We value the uniqueness of all people and their right to learn. We celebrate the diversity of talents and experiences each individual brings to our faith community.

We believe St Paul’s is an innovative, challenging, supportive and contemporary learning environment.

Dear St Paul’s Community,

BE SAFE, BE RESPONSIBLE, BE RESPECTFUL

School Disco:
How quickly the term is passing. We had no newsletter last week as Mrs Billsborrow was sunning herself on Bali beaches!

Thanks to all who attended the school disco and those who helped out. These nights are special school occasions when we gather together. A special thank you to Belinda Mawby. Belinda was our P & F president in 2015. We thank Belinda for all her work and dedication in the role. Congratulations to Ursula Godson who is now our new P & F President.

With sadness we remember the Hodges family at this time with the unexpected passing of Braith and Kobe’s mother Nevada. Both Braith and Kobe were school Captains at the school and our thoughts and prayers are with them.

Annual General Meeting: 9th March 7pm. All are invited to our AGM of the school board. Our Annual Report to the community will be presented and new office bearers will be welcomed. This year, there are positions for two new Board members.

I have been out of the school recently with other duties I perform for Catholic Education Northern Territory. On Feb 25 and 26 I attended the Principal’s meeting which takes place week 5 of each term and on Feb 29 and March 1 I attended the Australian Catholic Primary Principal’s Association meeting in Canberra. This is another duty I attend once a term, representing the Northern Territory. These meetings are a unique opportunity to fight for Catholic Schools in the Northern Territory and to hear the voice of a system that is very different to the rest of Australia.

Finally, congratulations to Ms Lyn O’Shannessy who is also celebrating 25 years as a teacher. Lyn has also spent most of her time teaching in the Northern Territory, which deserves a special mention. Well done Lyn.

God bless
Anthony

Congratulations
St Paul’s Catholic Primary School Nightcliff NT

Parents and the Home Environment they create are the single most important factor in shaping their children’s achievements and prospects. Re-search has shown that in order to raise achievement, parents need to be both involved in schools and engaged in learning (Harris and Goodall; 2007)

“What is bullying? Do we mix it up with teasing and other forms of mean behaviour?”
It’s an important topic that needs clarification. Bullying is a term that’s wrapped in emotion. For many people it’s associated with bad childhood memories. It’s been estimated that around 40 per cent of people have experienced bullying in the past. It’s something that we don’t want to happen to our kids. But I fear it’s being overused at the moment and can be confused with teasing.

Teasing refers to annoying, hurtful behaviour that is used to get a reaction from someone else. Teasing can be persistent in nature, but not always. It’s generally an attempt
to get under a person’s skin. It can involve name-calling; it can be personal and hurtful in nature. It can also infringe on another person’s rights. But generally teasing doesn’t have the key ingredients that make up bullying.

**Bullying** is the *selective, uninvited, repetitive* oppression of one person or group by another. It involves **three elements** – intent to hurt or harm; power imbalance; and repetition over time. It takes many forms and guises including physical aggression; verbal abuse; emotional aggression (or blackmail); intimidation; harassment and exclusion.

The new cyber-dimension to bullying has moved the goalpost for many kids. In the past children and young people could escape bullying behaviours by being at home. Cyber-bullying means that children can’t escape bullies like they once could.

**Why the distinction?**
I hear the term bullying misused a great deal in the media and when talking with parents. We run the risk of “The Boy Who Cried Wolf” Syndrome where we become so desensitised to the term that we (or teachers) ignore it when children really are the victims of bullying. We also run the risk of failing to skill our kids up to manage rudeness and teasing if we categorise every awful behaviour that kids experience as bullying.

Our ability to be discerning about bullying is as important as the action we take when we are sure that our child is on the receiving end of bullying behaviour. These actions include: dealing with feelings; providing emotional coping skills, getting others involved; building up a child’s support networks; and building self-confidence that can take a battering.

Bullying needs to be taken seriously. But we also need to be discerning about bullying behaviours.

Michael Grose Parenting Ideas.

There will be a two hour Retreat for those children making their Reconciliation in the ILC, at the school on 10th March from 4:30-6:30pm. Only children need to attend. The celebration of Reconciliation is on Thursday 17th March at 6pm.

This week the Caritas focus is on First Australians and how we can try and help those living in remote communities.

First Australian Evangeline lives in a remote community that faces many ongoing challenges. She had a limited vision for her future until three years ago, when she started working at the Djilpin Arts Ghunmarn Culture Centre, a community-owned venture supported by Caritas Australia. Today Evangeline is flourishing, with new skills and a passion for the preservation and promotion of her Aboriginal culture.

Please donate to Project Compassion 2016 and help First Australians in remote communities of Australia gain new skills and renewed passion to preserve and celebrate traditional culture. You can donate through School boxes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

Michelle Dermody (APRE)

Please remember to sign up for the online canteen, this is a great way to order your children’s lunches so your not rushing around in the morning getting lunch orders written up and finding money. Once signed up, please do your ordering online.


Please be advised we will no longer be stocking Potato Bake or Snack Pies.

**Volunteers requested.** Can you spare some time to help out in the Canteen particularly on a Thursday or Friday—even if it is for a short time. Please come and see me.

Regards Ursula

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**St Paul’s Parish**  
Trower Rd, Nightcliff

**Mass Times:**
Saturday Mass  6.00pm (Vigil)
Sunday Mass  8.30am and 6.00pm
1st Sunday of the month 10.00am
Syro-Malabar Mass
Last Sunday of month 8.30am
Children’s mass
Sports News

I am pleased to once again be congratulating St Paul’s students on their sporting achievements. Recently the Basketball trials were held to select students for the Darwin Regional Squad. I would extend my congratulations to Riley Woods, Riley McConachy, Thomas Knight and Max Morgan.

The AFL trials have also been held for the Darwin regional team and our congratulations also go to Riley Woods, Finnis Trigwell and Cooper Boath on their selection. It is fantastic to see our students achieving in the chosen sports at a high level. We wish them all the best.

AFL cluster will take place at Marrara on Thursday 3 March. Notes have been given to those students with all the details. If you would like to come down and help or just support the team at any point during the day then please feel free to do so.

Netball cluster and regional trials are also fast approaching. Notes have been handed out for both, however, if students have yet to receive a note then please encourage them to come and collect one from the sports office. Please be aware that the Netball Regional trails are being held from the 20th April - 22 April. However notes must be submitted to the Darwin Region Office prior to the trails no later than 15th April.

Anna Turnseck-James
PE Co-ordinator

P & F News

Thank you to all parents and carers who attended our P & F AGM. Congratulations to the following office bearers:

President: Tammy Messina
Vice President: Ursula Godson
Secretary: Rachel James
Vice Secretary: Rowena Hunter
Treasurer: Kristine Evans
Vice Treasurer: Terri Sparrow
Work Health & Safety: Desley Lawrence
School Board Representative: Terri Sparrow

I am sure you will all offer your support and assistance during fund raising events.

The P & F would also like to acknowledge the Yr 5/6 students who made posters for the school disco - this is another of the fabulous posters that were created - a famous cartoonist in the making amongst the students perhaps!

$1878.20 was raised on the Disco evening. Thank you for your support it is amazing.

Easter Raffle

As a new Committee our first fund raising event will be an Easter Raffle. Booklets of 10 raffle tickets will go home on Friday.

Please support the P&F Easter Raffle by purchasing or selling raffle tickets for an Easter Hamper. Tickets are $1 each (book $10.00). The raffle will be drawn on Thursday 24th March 2016. Please return your money and tickets back to school by Wednesday 23rd.

BOOKCLUB orders close 11th March 2016.
### Term 1 Calendar 2016

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<td>3rd Sunday</td>
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<td>Holy Thursday</td>
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<td>Mass</td>
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<td>Lent</td>
<td>Liturgy</td>
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<td>Week 10</td>
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<td>March/April</td>
<td>Easter Holiday</td>
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<td>1st Eucharist Meeting</td>
<td>End of Term</td>
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<td>Easter Sunday</td>
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### Important School dates

- June 1: Athletics Carnival
- June 15/16/17: 5/6 School Camp
- July 28: Australian Math’s Competition
- August 20: School Fete – to be confirmed
- August 22: Art Show Launch – to be confirmed

**Having fun at the Disco Evening**
2016 AFL - THUNDER JUNIORS!!

SIGN UP IN PERSON:
Saturday 19th March @ TIO Stadium
9am - 1pm
Saturday 2nd April @ Casuarina (above food court) 10am-12pm

Register online:
www.thunderjuniors.aflnt.com.au
Cost $100
NT sports voucher accepted
Contact:
nicole.hyland@aflnt.com.au

Launched into Sailing

A sailing program designed for kids 8 – 12yrs old.
This program focuses on having fun in boats and creating a love of being on the water. Kids will learn fundamental sailing skills whilst making new friends.
Come and enjoy the sunset whilst your kids discover the magic of sailing...

15th April – 24th June @ Darwin Sailing Club
4.30 – 6.30pm
$100 (or a sports voucher)

TO REGISTER:
www.yachtingaustralia.com.au/Entry/?UID=7d59f
sailingmanager@dwsail.com.au
89 811 700
Sponsored by Yachting Northern Territory
SCHOOL AND COMMUNITY GROUP PROGRAMS
KEEPING KIDS FIT FOR EVERYDAY LIFE!

We offer the following programs to schools and community groups. We can also tailor programs to suit your school or community group’s needs. Please contact Leah to arrange a time for a chat about your school or group’s needs.

- **FUN-FIT** (3-7 YRS)
- **TWEEN FIT** (8-12 YRS)
- **TEEN-FIT** (13-18 YRS)

These classes are designed to teach kids healthy fitness habits. The focus will be on keeping fit for everyday life, teamwork, respect for others, proprioception, balance, coordination and general motor skills whilst having lots of fun. All sessions are planned to be age appropriate.

- **KIDS YOGA** (3-7 YRS)
- **TWEEN YOGA** (6-12 YRS)
- **TEEN YOGA** (13-18 YRS)

Introducing Yoga to kids improves the strength and flexibility of their minds and bodies. We enhance kids’ mental, emotional, and physical health through the use of movement, and teach the connection between the brain, body and the breath. This means healthier bodies and minds! All sessions are planned to be age appropriate.

- **TEEN PILATES** (13-18 YRS)

Pilates teaches how to develop a strong core by using controlled, low impact movements that help engage deeper muscles to build stamina, strength, flexibility, balance and coordination. This is particularly fantastic for teens whose bodies are constantly growing and changing at a rapid rate.

M: 0401 945 426  E: famfitnt@gmail.com  www.famfitnt.com.au

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**Darwin Dragons Rugby Union Club**

**Juniors Training**

u7’s, u9’s, u11.5’s, u13’s, u15.5’s, u17’s

Tuesdays & Thursdays

Commemencing 1st March 2016 at 5:15pm

Field 1 - Rugby Park - 71 Abaia Road Marrara

**SIGN ON DAY**

Sunday 6 March 2016 from 1-3pm

Airport Tavern McMillans Road Jingili

Contact: President - Peru Westrupp 0450 500 568

Or email darwindragonsrugby@hotmail.com

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**Community Notices**

**CASUARINA COUGARS RUFC JUNIORS**

2016 Season Training begins on

**Tuesday 1 March @ Rugby Park @5:15pm**

**NT Govt Sports Vouchers accepted!**

$100 fees only

$120 fees, shorts, socks

RUGBY UNION CLUB

**If you are interested in coaching, assisting or Coordinating please contact Sigi Buba cougarsrugby@bigpond.com**

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**Eastern Darwin Storm Hockey Club**

**FAMILY-FRIENDLY CLUB WHERE SPORT IS FUN**

**SIGN ON DAY SATURDAY 27 FEBRUARY**

from 9am @ Marrara Indoor Stadium

Use your NT Government sports voucher for fees and equipment

Never played before? New juniors receive FREE stick at sign on

**FOR MORE INFORMATION:**

Olivia MacDonald  JuniorPresident@edhc.com.au  0852 4966

Jamie Hullick  president@edhc.com.au

Yrie Varatharajan  secretary@edhc.com.au

www.edhc.com.au
# School Board Nomination Form

## Contact Details

<table>
<thead>
<tr>
<th>Name of Nominee:</th>
<th>Phone Contact of Nominee:</th>
<th>Email Contact of Nominee:</th>
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| Address of Nominee: | |
|---------------------| |

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<tr>
<th>Job Title of Nominee:</th>
<th>Affiliation with St Paul's School: (i.e. Parent etc)</th>
<th>Name of Parish:</th>
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## What gifts/talents would you bring to the St Paul’s School Board?

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## Briefly outline your reasons for nominating for the St Paul’s School Board:

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## CRITERIA FOR MEMBERSHIP (Page 11 of Manual for School Board Members)

<table>
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<tr>
<th>I possess an enthusiasm for and willingness to promote the mission of Catholic schools</th>
<th>I have the ability and desire to uphold confidentiality in Board matters</th>
<th>I will not commit an act with intent to deceive or defraud</th>
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<tr>
<td>I bring to the Board my gifts and skills</td>
<td>I have sufficient time to devote to Board duties</td>
<td>I will not make improper use of information to gain material advantage either personally or for another person so as to</td>
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<tr>
<td>I desire to give service to the St Paul’s School community</td>
<td>I am not bankrupt</td>
<td>I will not conceal, destroy or falsify records of the Board</td>
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<tr>
<td>I have an ability to work cooperatively and constructively with all members of the Board</td>
<td>I have not been convicted in the previous five years of an offence involving fraud or dishonesty</td>
<td>I will not commit fraud or false pretences</td>
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<tr>
<td>I am prepared to undertake formation</td>
<td>I have not been convicted in the previous five years of a serious criminal offence</td>
<td>I understand that election to the Board is for a period of 2 years and for not more than 6 consecutive years</td>
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## Declaration of Nominee:

I do solemnly declare that the information I have provided is true and I understand that I am required to read the ‘Manual for School Board Members’ which outlines my roles and responsibilities if I am elected as part of the St Paul’s School Board.

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